



NC DEPARTMENT OF
**HEALTH AND
HUMAN SERVICES**

ROY COOPER • Governor
MANDY COHEN, MD, MPH • Secretary
MARK PAYNE • Director, Division of Health Service Regulation

VIA EMAIL ONLY

April 26, 2021

Tylesha Teruel
admin@aptitudebh.com

No Review

Record #: 3536
Date of Request: April 16, 2021
Business Name: Aptitude Mental Health
Business #: 3363
Project Description: Develop outpatient mental health center
County: Nash

Dear Ms. Teruel:

The Healthcare Planning and Certificate of Need Section, Division of Health Service Regulation (Agency) received your correspondence regarding the project described above. Based on the CON law **in effect on the date of this response to your request**, the project as described is not governed by, and therefore, does not currently require a certificate of need. If the CON law is subsequently amended such that the above referenced proposal would require a certificate of need, this determination does not authorize you to proceed to develop the above referenced proposal when the new law becomes effective.

This determination is binding only for the facts represented in your correspondence. If changes are made in the project or in the facts provided in the correspondence referenced above, a new determination as to whether a certificate of need is required would need to be made by this office.

Please do not hesitate to contact this office if you have any questions.

Sincerely,

Gregory F. Yakaboski
Project Analyst

for
Lisa Pittman
Acting Chief, Certificate of Need

cc: Mental Health Licensure and Certification Section, DHSR

**NC DEPARTMENT OF HEALTH AND HUMAN SERVICES • DIVISION OF HEALTH SERVICE REGULATION
HEALTHCARE PLANNING AND CERTIFICATE OF NEED SECTION**

LOCATION: 809 Ruggles Drive, Edgerton Building, Raleigh, NC 27603
MAILING ADDRESS: 809 Ruggles Drive, 2704 Mail Service Center, Raleigh, NC 27699-2704
<https://info.ncdhhs.gov/dhsr/> • TEL: 919-855-3873

AN EQUAL OPPORTUNITY / AFFIRMATIVE ACTION EMPLOYER

Waller, Martha K

From: Yakaboski, Greg
Sent: Friday, April 16, 2021 7:12 PM
To: Waller, Martha K
Subject: No Review Request- Aptitude Mental Health

Martha, Received this No Review request this afternoon.

Greg

Sincerely,

Gregory F. Yakaboski

Gregory F. Yakaboski
Project Analyst
Division of Health Service Regulation, Certificate of Need
NC Department of Health and Human Services

Help protect your family and neighbors from COVID-19.
Know the 3 Ws. Wear. Wait. Wash.
#StayStrongNC and get the latest at nc.gov/covid19

Office: 919-855-3873
Greg.Yakaboski@dhhs.nc.gov

809 Ruggles Drive, Edgerton Building
2704 Mail Service Center
Raleigh, NC 27699-2704

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From: Admin Aptitude <admin@aptitudebh.com>
Sent: Friday, April 16, 2021 4:14 PM
To: Yakaboski, Greg <greg.yakaboski@dhhs.nc.gov>
Subject: [External] Aptitude Mental Health

CAUTION: External email. Do not click links or open attachments unless you verify. Send all suspicious email as an attachment to [Report Spam](#).

Hello Greg,

My name is Tylesha Teruel, Founder and CEO of Aptitude Mental Health. Thank you for taking my call today. I am writing to inquire if a certificate of need is required for an establishment that I am trying to take to Rocky Mount, North Carolina. We are a fully functioning outpatient mental health center in Phoenix Arizona that provides the following services to clients with mental health diagnosis, substance use issues, and/or that suffer from PTSD:

- case management
- peer support
- counseling
- intensive outpatient care

We do not have set beds or accomodate overnight stays as we treat clients during day and evening hours only.

If no certificate of need is necessary will you or someone from your department be so gracious as to provide me with a no review letter so that we may move forward with establishing business in Rocky?

Tylesha Teruel
Founder/C.E.O.
Aptitude Mental Health
www.aptitudebh.com
Office: [480-572-1832](tel:480-572-1832)

Fax: [602-581-3245](tel:602-581-3245)